Nassau County School District

Substance Use and Abuse Prevention and Child Trafficking Prevention Implementation Plan (Grades K-5)

2019-2020

<u>Table of Contents:</u>

Substance Use and Abuse Prevention and Child Trafficking Prevention Plan Curriculum Overview

I. In an effort to build resiliency among our youth and to foster safe environments conducive to student learning, the Nassau County School District will require that all students in Grades K-5 complete instruction that progresses each year with regards to substance use and abuse prevention and child trafficking prevention. The curriculum will include the following components:

A. Hazards associated with substance use and abuse

B. Substance use and abuse prevention

C. Healthy bodies

D. Child trafficking prevention

Instructional Delivery

I. The aforementioned curriculum will be delivered in a blended format utilizing whole group instruction, cooperative learning, and community partner presentations and lessons. Instruction will be delivered in the following classes:

Grade Level:	Course Delivered:
KG	General Education Homeroom Teacher
1st Grade	General Education Homeroom Teacher
2nd Grade	General Education Homeroom Teacher
3rd Grade	Community Provider during guidance lessons
4th Grade	Community Provider during an assembly
5th Grade	Community Provider during an assembly or homeroom class

Professional Qualifications

I.   Each instructor designated to teach the Nassau County School District Substance Use and Abuse Prevention and Child Trafficking Prevention curriculum must satisfy the following criteria:

   A.   Be a certified teacher, school nurse, school counselor, school psychologist/mental health provider within the Nassau County School System or a district approved community-based expert

   B.   Complete the Mental and Emotional Health Course Overview Training offered by the district made available via online access

   *Note: If possible, the instructor will have completed Youth Mental Health First Aid training as well.

II.   Oversight and implementation of the Substance Use and Abuse Prevention and Child Trafficking Prevention curriculum will be conducted by the Executive Directors of Curriculum and Instruction, Director of Exceptional Student Education (ESE), and the ESE Coordinator of Student Services.

Materials and Resources

(free resources from these initiatives will be utilized)

I.   Night Vision Anti-Drug Program offered by the Florida National Guard Counterdrug Program

II.   Botvin LifeSkills which focuses on a variety of life skills incorporating information on smoking such as why reasons some people smoke and cause and effect. It also includes sharing thoughts and feelings, reframing thoughts on personal abilities, and building assertiveness offered by Starting Point Behavioral Health.

III.   D.A.R.E. focuses on effective peer resistance and refusal skills so that adolescents can say "no" to drugs. The program also builds students' social skills and enhances self-esteem, as these are believed to be linked to adolescent drug use.

IV.   National Institute on Drug Abuse which is an interactive science education program about scientists, the brain, and the effects of drugs on the human body. The NIDA program includes learning modules, student resources, parent newsletters, and videos.

V.   Lauren's Kids is an evidence-based prevention and personal safety curriculum series for grades PK-12. The resource focus on personal safety information, empowering children with tools that are not only protective from abuse, but also important esteem and safety issues and empowerment. It addresses "safe" and "unsafe" situations, people and issues adolescents face in relationships with peers and adults, such as balance of power, enforcing boundaries and the grooming process.

VI.   NetSmartz is an evidenced based program that provides age-appropriate videos and activities to help teach children be safer online with the goal of helping children to become more aware of potential online risks and empowering them to help prevent victimization by making safer choices on- and offline. https://www.missingkids.org/netsmartz/resources.

Data Tracking & Reporting

I.   Executive Directors of Curriculum and Instruction, Director of ESE, and the ESE Coordinator of Student Services will provide a report to the Commissioner of Education by July 1st of each year verifying completion of instruction.

II.   Early Warning System indicators such as attendance, System of Care referrals, and academic performance will be monitored by school-based teams to identify at-risk students and to monitor curriculum completion.

III.   Administration to consider possible third option as a universal screener (i.e. Youth Risk Behavior Survey)